

AFOSI ANNUAL REPORT 2024



List of Acronyms Abbreviations

AFOSI	Action For Sustainability Initiative
GEM Trust	African Gender And Media Initiative Trust
CSA	Centre For The Study Of Adolescence
SRH	Sexual And Reproductive Health
SRHR	Sexual And Reproductive Health And Rights
HIV	Human Immunodeficiency Virus
PWD	Persons With Disability
FEMNET	The African Women's Development And Communications Network
AGJK	Association Of Grassroot Journalists of Kenya
CSW68	68 th Commission on the Status of Women 2024
PYWV	Positive Young Women Voices
CSR	Corporate Social Responsibility
MOU	Memorandum Of Understanding
CoA	Community Of Action



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About AFOSI

Action for Sustainability Initiative (AFOSI) is a local NGO committed to improving the quality of life of Children, youth and women (aged 10-35). AFOSI works in the thematic areas of Health, Education, Livelihoods, Humanitarian support, Leadership and Governance.

Founded in 2012, AFOSI uses the human centred design and a right based approach in programming. AFOSI's theory of change is that socio-economic development happens when communities have the requisite skills, knowledge, education, ability to labour and good health that enable them to pursue different livelihood strategies and achieve their livelihood objectives.



Mission

To promote actions that are geared towards Harnessing and Protecting the full potential of youth and women.



Vision

A sustainable World!



Meet Our Team



Eric Nyamwaro

EXECUTIVE DIRECTOR

Eric provides strategic leadership and direction for the organization.



Esther Mwikali

NATIONAL CO-ORDINATOR

Oversees the planning, implementation, and evaluation of the organization's programs.



Betty Muriithi

FINANCE & HR MANAGER

Manages financial planning, budgeting, and reporting, as well as human resources functions.



Davin Omollo

SAFETY & SECURITY OFFICER

Ensures the safety and security of the organization's personnel, assets, and facilities.



Prisca Achieng'

ADMIN OFFICER

Manages administrative tasks such as scheduling, correspondence, and office management.



Michael Gitau

COMMUNICATION OFFICER

Responsible for managing internal and external communications, crafting press releases, and maintaining the organization's public image



Clinton Kiptoo

INFORMATION TECHNOLOGY OFFICER

Oversees the organization's technology infrastructure, ensuring systems are secure, up-to-date, and running smoothly.

We Lead Program: Advancing SRHR



With funding from HIVOS East Africa through the Center for Adolescence (CSA), this project empowers young women right-holders on their SRHR. The goal is to ensure these young women play a leading role in strengthened and inclusive organizations and movements.

In 2024, AFOSI made remarkable strides in promoting SRHR young women living with HIV and those with disabilities within Nairobi's urban informal settlements of *Kibera*, *Korogocho*, *Mukuru kwa Ruben* and, *Mukuru kwa Njenga*.

Achievements & Milestones

I- Empowering Communities

AFOSI recognizes that sustainable change begins with empowering the individuals most affected by systemic challenges. By placing rights holders—young women living with HIV and disabilities—at the center of its initiatives, AFOSI has fostered a sense of agency and leadership among community members.

- Through tailored workshops, peer mentoring, and active involvement in decision-making processes, these rights holders are not only beneficiaries but also architects of change.
- Their leadership in addressing sensitive topics like mental health, menstrual hygiene, and SRHR advocacy has challenged entrenched stigmas and created an environment of inclusivity and resilience. This empowerment ensures that communities are equipped to sustain and amplify these efforts long after the program ends.





II- Collaborative Impact

Collaboration is the foundation of AFOSI's success in driving systemic change.

- Strategic partnerships with organizations such as Positive Young Women Voices (PYWV), GEM Trust, and The Constellation have enabled the pooling of resources, expertise, and influence.
- This synergy has been evident in initiatives promoting inclusivity and has strengthened advocacy for policy changes.
- Community radio talk shows and audiovisual dramas, produced in partnership with the Association of Grassroots Journalists Kenya (AGJK), have amplified the voices of marginalized groups, ensuring their stories reach diverse audiences.
- These collaborations have not only increased the reach of AFOSI's programs but have also fostered a united front to tackle deeply rooted barriers to SRHR access.

III-Capacity Building & Advocacy

AFOSI's commitment to capacity building has transformed its stakeholders into effective advocates for change.

- Through partnerships with organizations like FEMNET and CSA, AFOSI has delivered training programs that address key issues, including feminist advocacy, risk assessment and management, and resilience-building.
- Rights holders trained as Trainers of Trainers (TOTs) have taken ownership of community advocacy efforts, leading scorecard exercises and facilitating dialogues with healthcare providers and policymakers.
- By equipping stakeholders with skills and confidence, AFOSI has ensured that advocacy efforts are impactful and sustained. This approach not only strengthens individuals but also builds a collective movement capable of influencing policies and improving access to SRHR services across Nairobi's informal settlements.
- These expanded efforts highlight AFOSI's commitment to fostering inclusive, collaborative, and sustainable approaches to SRHR advocacy, ensuring that no one is left behind.

Education

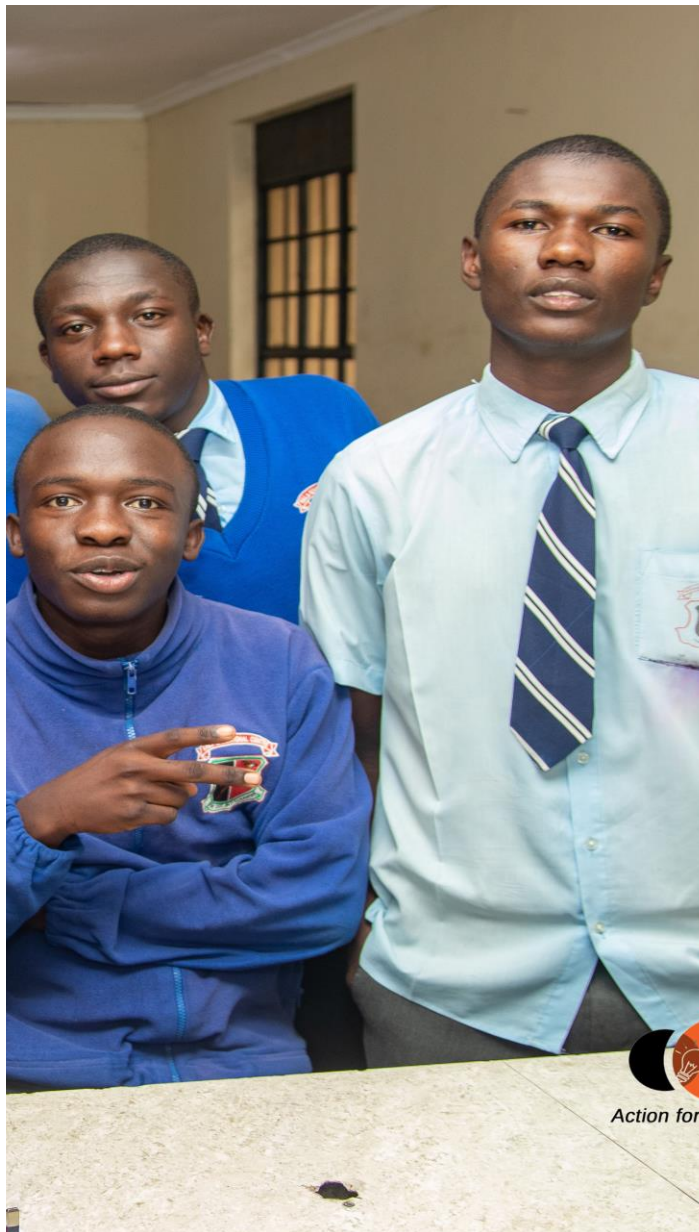
Education and Mentorship

Empowering Future Leaders:

Academic Career Mentorship Session in Kibera

As part of our ongoing commitment to empowering young people, AFOSI organized an academic career mentorship session targeting 73 Form 4 students at Raila Educational Center -Secondary School in Kibera on July 30, 2024.

- This timely initiative took place just before the August holidays, ensuring students had valuable guidance as they prepared for their next steps in life.
- Career mentorship plays a pivotal role in equipping students with the knowledge and confidence they need to make informed decisions about their futures.
- For high school students in their final year, this support is particularly significant as they stand on the brink of transitioning to higher education, vocational training, or employment.
- By providing practical insights into career options, skill requirements, and opportunities for further education, mentorship sessions like these act as a compass, guiding students toward pathways that align with their aspirations and potential.





AFOSI recognizes that creating a sustainable impact in the lives of young people requires a collective effort. Non-governmental organizations (NGOs) like ours play a crucial role in bridging gaps by offering resources and mentorship opportunities that may not always be available through conventional school systems. Through these initiatives, we aim to nurture self-confidence and decision-making skills among students, fostering a generation of empowered individuals ready to navigate their career journeys with clarity and purpose.

- This session was more than just an event; it was a step toward building a community of informed, resilient, and ambitious youth who can contribute to Kenya's sustainable development.
- AFOSI remains steadfast in its dedication to supporting young people, ensuring they have the tools and knowledge to pursue fulfilling careers and realize their full potential.



Humanitarian Support

I- Empowering Young Learners through Menstrual Health Education



In our commitment to promoting health and well-being among young people, AFOSI hosted an engaging session on menstrual health for Grade 6 and 7 students in Mukuru Kwa Ruben. This event provided age-appropriate education on the menstrual cycle, hygiene practices, symptom management and,

the importance of challenging the stigma surrounding menstruation.

- The session was designed to foster confidence and reduce misconceptions, equipping young learners with accurate knowledge to support their health and dignity. The highlight of the day was the distribution of sanitary towels to the students, ensuring they were better prepared to manage their menstrual health with confidence.
- By initiating these conversations early, AFOSI is shaping a future generation that values reproductive health and inclusivity, ensuring that young learners grow in a supportive environment that promotes their overall well-being.

II- Bridging the Gap for Vulnerable Children through STEM & Mental Health Mentorship

Orphaned and vulnerable children (OVCs), as well as children in conflict with the law, face unique challenges that hinder their access to education, STEM mentorship, and emotional support.

- Recognizing these gaps, AFOSI collaborated with STEM Impact Center Kenya and Millennium Solutions EA Limited to host a transformative session reaching 69 children at the Precious Blood Rehab Center in Riruta.



- The session introduced participants to the exciting world of robotics, sparking curiosity and confidence in STEM-related fields. Simultaneously, mental health awareness and stress-management strategies equipped the children with tools to navigate emotional challenges, build resilience, and focus on their futures.
- This impactful mentorship program is a step toward empowering these young minds with practical skills and emotional well-being. By inspiring confidence and curiosity, AFOSI contributes to shaping a brighter, more equitable future where every child has the opportunity to thrive.

Environment & Climate Action

Environmental Conservation: Promoting Sustainability Through Community Engagement



Action for Sustainability Initiative is dedicated to enhancing environmental conservation and sustainability by fostering access to resources and knowledge that support sustainable practices.

- Recognizing the diverse environmental needs of different communities, AFOSI adopts an inclusive approach to address these unique challenges effectively.
- Through targeted outreach programs, AFOSI engaged 120 community members, stakeholders, duty bearers, and rights holders in meaningful conversations and actions. These initiatives focus on raising awareness about critical environmental topics, including biodiversity conservation, sustainable resource management, and the importance of maintaining ecological balance.
- By cultivating these interactions, AFOSI not only informs but also empowers communities to take proactive steps toward environmental conservation. This collaborative approach ensures that community-specific environmental needs are met while fostering a shared commitment to sustainability. Through these efforts, AFOSI continues to build a foundation for long-term environmental stewardship and resilience.



Strategic Partnerships and their contributions to AFOSI's goals

Strategic partnerships have been at the heart of AFOSI efforts to promote inclusivity, advocate for Sexual and Reproductive Health and Rights, and address systemic barriers faced by marginalized communities.

- At the We Lead Kenya and Uganda Summit 2024, AFOSI collaborated with international stakeholders, fostering dialogue and shared learning to enhance advocacy strategies. Partnerships emphasized the importance of male ally-ship, resource-sharing, and inclusive representation, reinforcing AFOSI's commitment to equity and dignity for all. These collaborations provided actionable insights to refine programs, ensuring their relevance and impact.
- AFOSI has also leveraged partnerships to bridge critical gaps in service delivery through initiatives like community dialogues. In collaboration with GEM-Trust, AFOSI facilitated conversations with diverse groups, including young women with disabilities, young women and girls living with HIV, community health providers, and religious leaders. These dialogues addressed the affordability, accessibility, and accountability of SRHR services, ensuring that solutions are inclusive and adaptable to the unique needs of different groups.
- Similarly, collaborations with Positive Young Women Voices educated right holders about Kenya's budgetary process, enabling them to advocate for SRHR prioritization in national and county budgets. By engaging Nairobi County health duty bearers, AFOSI emphasized the need for increased health funding to meet global commitments like the Abuja Declaration.
- Capacity-building initiatives have further strengthened AFOSI's work. A four-day social accountability and monitoring training, attended with CoA organizations, equipped AFOSI's team with essential skills to enhance transparency and responsiveness. These competencies ensure that advocacy and program implementation efforts remain impactful and aligned with community needs.
- By integrating these collaborations into its broader mission, AFOSI continues to champion equitable access to SRHR services, amplify marginalized voices, and promote sustainable development across communities.



Community & Stakeholder ENGAGEMENT



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Action For Sustainability Initiative has actively engaged the community through its outreach program, which served as a precursor to the Community Dialogue program. This initiative aimed to disseminate information and raise awareness among community members who are not direct stakeholders.

- In the community dialogues, we engaged 50 men, women, and girls of all ages in discussions about violence, conflict, conflict resolution steps, and the potential consequences of unresolved conflict.
- These dialogues help bridge the gap between community health service providers, religious leaders, community members, young women with disabilities, and young women and girls living with HIV (PLHIV).
- By creating a collaborative environment, these dialogues address issues related to the affordability, availability, acceptability, accountability, and accessibility of sexual and reproductive health and rights (SRHR) services. This approach leads to more inclusive, responsive, and sustainable solutions that meet the community's health needs.



Community Engagement In Photos



The 2024 Kenya-Uganda-Nigeria Summit held in Kajiado County



Community scorecard workshop at Ruben Centre in Mukuru Kwa Ruben



Social accountability and monitoring workshop



The 2024 festival in partnership with Positive Young Women

Achievements and Milestones

A Summary

Milestones	Achievements
Empowering Communities	<ul style="list-style-type: none"> Empowered and mentored 18 young rights holders to lead as trainers, advocates, and peer mentors. Organized 6 workshops and forums on mental health, menstrual hygiene, and gender-responsive budgeting reaching 341 participants. Reduced stigma and cultural resistance through community-driven leadership. Conducted community score cards at Ruben Center facility to enhance service delivery and promote social accountability reaching 50 participants.
Collaborative Impact	<ul style="list-style-type: none"> Partnered with organizations Positive young women Voices (PYWV) and African Gender and Media Initiative Trust (GEM Trust) to host two community listening sessions reaching 73 Participants. Hosted a color festival advocating for equality and inclusion for young women in their diversities reaching 150 Participants In collaborations with Association for Grassroot Journalist Kenya (AGJK) we conducted 12 community radio talk shows and produced 3 radio dramas 5 community radio stations reaching 350,000- 500,000 Listeners.
Capacity Building & Advocacy	<ul style="list-style-type: none"> Partnered with FEMNET to host a Gender Responsive Budgeting, Linking and Learning workshop In Nairobi County targeting 53 participants. Supported AFOSI staff to participate in the Commission of the Status Women (Disrupt CSW68) held in Cameroon. Trained 17 Young women (PLHIV& PWD) on meaningful youth engagement and participation in SRHR advocacy. Convened Nairobi County health duty bearers to sensitize on the need for SRHR Budget Allocations reaching 39 participants. Collaborated with AMKA Africa to conduct a paralegal training reaching 28 young people.
Challenges Overcome	<ul style="list-style-type: none"> Continued programing albeit youth unrest and flooding in informal settlements. Offered psychosocial support to rights holders in challenging environments.
Sustainability Efforts	<ul style="list-style-type: none"> Fostered partnerships with social enterprises for CSR funding. Promoted local ownership by signing MOUs with community leaders. Expanded resource mobilization to identify new grant opportunities.
Impact & Progress	<ul style="list-style-type: none"> Strengthened marginalized voices in SRHR advocacy. Increased public support through radio shows, community engagement, and social media. Achieved tangible improvements in healthcare access, stigma reduction, and policy changes.

Human Impact Stories



Zipporah Achieng

Right Holder - AFOSI

My name is Zipporah Achieng, and I live in Kibra, Kenya. I am a young mother; my daughter just turned four. Living with HIV has not been an easy journey. I often felt isolated and overwhelmed by the challenges of raising my child while managing my health. It was hard to find a place where I felt understood and accepted, and I often struggled with self-doubt and fear of stigma.

Things began to change when I became a part of the We Lead project. Through workshops and training sessions, I found something I hadn't experienced in a long time—a community of young women who understood me. Meeting other girls in similar situations gave me a sense of belonging and strength. We learned about our rights, about sexual and reproductive health, and most importantly, we supported each other. I found courage in hearing their stories and sharing my own, realizing that I was not alone in my struggles

Since joining We Lead, I have found the confidence to speak out and advocate for the rights of young women and girls, especially those with HIV. Before, I would never have imagined standing up in front of others to share my story. Now, I actively participate in community discussions and use my voice to highlight the challenges faced by women like me. I believe that no one should be left behind simply because of their circumstances. My journey with We Lead has transformed my fear into a desire to fight for the rights of others.

I am proud of the person I am becoming. I no longer see myself just as a mother living with HIV, but as an advocate and a leader in my community. I look forward to engaging with more women and community leaders to ensure that the voices of young mothers, those living with HIV, and those facing disabilities are heard and respected. We Lead has given me the tools to stand up, speak out, and create change—not just for myself, but for my daughter and for many others in Kibra.

My hope is that by continuing this work, we can create a community that supports and uplifts young women and girls, regardless of their health or background. I want my daughter to grow up in a world where she feels empowered, and where no one has to face discrimination or stigma in silence. Through We Lead, I believe we are taking steps towards making that world a reality.

My name is Charles, a community leader in Mukuru Kwa Ruben, Nairobi. Through AFOSI's We Lead project, I've witnessed transformative changes in young women's confidence and awareness of their sexual and reproductive health and rights (SRHR). Before the project, stigma and misinformation left many isolated, but safe spaces and open discussions have empowered them to advocate for their health. I've seen young women like Mary, once too shy to speak publicly, now leading SRHR discussions and inspiring others.

This project has strengthened our community by breaking cycles of stigma and misinformation. It has shown that real change is possible when we unite to amplify marginalized voices. I am hopeful that these foundations will continue to inspire advocacy and improve healthcare access for all.



Charles

Community Leader



Get in touch With Us



www.afosi.org



[\(+254\) 0115963306](tel:+2540115963306)



info@afosi.org



Ground Floor, Manga House,
05 Kiambere Road, Upper
Hill, Nairobi, Kenya.



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